

With a focus on removing the stigma of addiction and compassion for those affected with Substance Use Disorder, this plan outlines steps to streamline resources and programs, build on existing capacity and present data-informed and best practice solutions to create a healthier, stronger community.

 Prevention/ Education	 Intervention/ Treatment	 Recovery/ Support	 Data/ Communication
<p>Public Education Campaigns – Produce or use State campaigns on education re: Stigma, reducing substance abuse & social norms.</p> <p>Evaluate Existing Curricula – Use surveys, focus groups, etc. to evaluate existing curricula in public schools and recommend changes.</p> <p>Promote Medicine</p> <p>“Lock/Monitor/Takeback” – Promote existing state program on abuse of prescription opioids.</p> <p>Licensed Addiction Counselors in ER and in Public Schools – Evaluate feasibility and value of LAC’s in targeted areas.</p> <p>Appoint/Employ Coordinator – Make sure efforts are consistently and effectively accomplished with a designated person to coordinate.</p> <p>Provide List of Resources – See Website / Call Center.</p> <p>Collaborate with Altru on Opioid Mgmt – Continue ongoing efforts.</p> <p>Promote Activities for Youth - As a preventative measure, consider how to increase access to and involvement in youth activities.</p> <p>To Consider: Identify financial barriers incl. Medicaid expansion and insurance. Increased Dr./Physician training? Pilot program on integrated service delivery?</p>	<p>Increase access to treatment (24/7) – Ensure there is always access to treatment when/where/how it is needed.</p> <p>Identify optimal education needs specific to GF – What do GF residents need to know about how to intervene with a friend or loved one and how to get help.</p> <p>MAT Facility – Identify steps how to get support Medication Assisted Treatment facility(ies).</p> <p>Develop local call center & website – Collect resources/info from community agencies and aggregate.</p> <p>Increase use of Harm Reduction Actions – Increase Narcan/Naloxone distribution and use by emergency responders, needle exchange programs and family drug court.</p> <p>Develop political momentum for policy/funding changes – Identify challenges in policy and funding and strategies to overcome them.</p> <p>Develop Distance Counseling – Explore a distance counseling approach, using expertise at UND, to expand access to treatment.</p> <p>Develop Professional Working Group – Foster a knowledge exchange and personal connections between professionals in these fields.</p> <p>To Consider: Workplace/Employer program? Transportation barriers?</p>	<p>Develop website & call center – Make sure there is a place to go/call for access to resources and support.</p> <p>Parent/Family Support Group – Create a support group for those who have loved ones in recovery.</p> <p>Improve access to & programming in corrections facility – Identify actions to provide/improve mental/ behavioral health svcs in corrections.</p> <p>Enhance support systems in public schools – Evaluate feasibility of increased support systems in schools for students in recovery.</p> <p>Pilot program for Recovery Coach Training – Consider implementing a train-the-trainer program to increase # of recovery coaches in the area.</p> <p>Sober Living Homes – Traditional Housing & Housing First – Support efforts like Housing First and explore options for more supportive housing.</p> <p>Stronger Re-entry programs – Target those who are/were incarcerated with substance use disorder to reduce relapse & recidivism.</p> <p>Community & Children’s Facility for Recovery – Explore possibility of a center/facility for those in recovery & for children exposed to substance use disorder.</p> <p>To Consider: Address Stigma of recovery? Encourage stronger connection with faith-based orgs?</p>	<p>Identify & Analyze Data – Identify and collective relative data and ensure collection is consistent and ongoing. Find trends and identify possible action steps</p> <p>Disseminate Findings – Internally and externally share the findings to educate and inform actions.</p> <p>Use Data to enhance Awareness – Support education efforts with real data</p> <p>Enhance Communications – Internally and externally, promote better communication</p> <p>Promote Awareness of Existing efforts and Strategies – Including local public school and state awareness/education strategies.</p> <p>Tailor Communications – Identify specific target audiences and messages and tailor key information to them.</p> <p>Provide Support to Other Committees – Support the action steps recommended by other committees with data.</p> <p>To Consider: Automated data collection? Visualization, e.g. mapping?</p>