



Public Health
Prevent. Promote. Protect.

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Grand Forks Public Health

Grand Forks Opioid Response Grant Progress Report October 2017 – January 31, 2018

Prevention

- Developed a standing order and standing order template for naloxone distribution in the community. The Grand Forks Health Officer signed the standing order for the Health Department.
- Purchased, provided training for, and distributed 110 Narcan Nasal Spray two dose kits to date.
 - Key Locations
 - Law Enforcement
 - Public Places
 - Social Service Organizations
- Developed solutions for Narcan storage and carry:
 - Co-location of Narcan with AEDs with state standardized signage
 - Alarmed Narcan cabinets from a vendor in Canada
 - Temperature monitored solution for law enforcement officer carry
- Collaborated with student led efforts to increase access to naloxone on the UND campus.
- Developed a training curriculum for overdose recognition and naloxone administration for first responders and laypeople.
 - First responder training incorporates information on treatment and harm reduction to help connect the individual with resources to stay safe and seek help.
- Discussed local prevention efforts with a pharmacy workgroup
 - A majority of Grand Forks pharmacies now have pharmacists that can prescribe naloxone.
 - Inspire Pharmacy has a grant to offer Narcan kits for \$25 to the public.
 - Eight Grand Forks pharmacies offer medication take back locations.
 - Altru is conducting medication takeback events three times per year.
- Met with physician, nursing, and EMS leadership in the area to discuss our efforts.
- Disseminated information on harm reduction to community behavioral health partners.
- Contracted with a graduate research assistant from UND to conduct a needs assessment of individuals who inject drugs using funds from an additional grant.
- Future plans
 - Develop solutions to get naloxone to individuals at risk for opioid overdose at community resource touchpoints.
 - Identify and contact additional organizations to train and distribute Narcan.
 - Compile resources for first responders to assist individuals that are ready for treatment.

Treatment

- Subcontracted with a local community health center to create an integrated Medication Assisted Treatment (MAT) Program which includes counseling and social support.
- Implemented a program to provide travel support to individuals driving from the Grand Forks area to Fargo for daily medication dosing as a part of their opioid use disorder treatment plan.
- Met with stakeholders to provide information about harm reduction and MAT and to begin efforts to reduce stigma:
- Collaborating with Face It TOGETHER Fargo-Moorhead to provide outreach peer recovery coach services in the Grand Forks area.
- Collaborated with BCBS:ND Caring Foundation to sponsor a community documentary screening of *The Opioid Epidemic: Seeking Solutions for North Dakota* followed by a panel discussion.
 - Panel represented peer support, evidence-based treatment, and recovery.
 - 150 community members attended
- Met with other health care and counseling providers who are interested in providing medication assisted treatment and counseling services.
- Future Plans
 - Develop a warm hand-off program for individuals presenting to the emergency department with opioid withdrawal or overdose to be referred for treatment.
 - Explore the need for an outpatient methadone medication dosing unit to provide additional treatment options for opioid use disorder locally and reduce travel burden.
 - Increase knowledge and acceptance of MAT among counseling and health care providers in the Grand Forks area.



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