





COMMUNITY ACTION PLAN - Recommendations

May 2019 Update

Learn more at www.grandforksgov.com/calltoaction

With a focus on removing the stigma of addiction and on compassion for those affected with Substance Use Disorder, this plan outlines steps to streamline resources and programs, build on existing capacity and present data-informed and best practice solutions to create a healthier, stronger community.

 Prevention/ Education	 Intervention/ Treatment	 Recovery/ Support	 Data/ Communication
<p>Continue Opioid Mgmt – Continue ongoing efforts & increase training.</p> <p>Promote Activities for Youth - As a preventative measure, consider how to increase access to & involvement in youth activities.</p> <p>Develop local resource website – Aggregate and organize resources & info from community agencies/orgs.</p> <p>Public Education Campaigns – Produce or use State campaigns on education re: Stigma, reducing substance abuse & addressing social norms.</p> <p>Evaluate Existing Curricula – Use surveys, focus groups, etc. to evaluate existing curricula in public schools and recommend changes.</p> <p>Promote Medication "Lock/Monitor/Takeback" – Promote existing state program on abuse of prescription opioids.</p> <p>Licensed Addiction Counselors (LAC) in ER and in Public Schools – Evaluate feasibility of LAC's in targeted areas.</p> <p>Appoint/Employ Coordinator – Backbone support to ensure efforts are effectively accomplished.</p> <p>Explore Call Center – To support access to information (See Website).</p> <p>Promote Basic Human Welfare – As a preventative action, ensure housing, food & transportation are available.</p>	<p>Establish Medication Assisted Treatment (MAT) – Identify & take steps to support (MAT) facility in GF.</p> <p>Identify optimal education needs to promote intervention – Educate GF residents on how to intervene with a friend or loved one & how to get help.</p> <p>Increase access to treatment (24/7) – Ensure access to treatment when/where/how it is needed: Include identifying & addressing barriers, e.g., income & transportation.</p> <p>Increase use of Harm Reduction Actions – Increase of Narcan/Naloxone distribution & use by emergency responders; Explore needle exchange programs & family drug court.</p> <p>Increase Workplace Programs – To decrease stigma and increase accessibility to treatment programs.</p> <p>Develop political momentum for policy/funding changes – Identify challenges in policy, politics & funding & the strategies to overcome them.</p> <p>Develop Distance Counseling – Explore a distance counseling approach, using expertise at UND, to expand access to treatment.</p> <p>Develop Professional Working Group – Foster a knowledge exchange & personal connections between professionals in these fields.</p>	<p>Sober Living Homes, Traditional Housing & Housing First – Support efforts like Housing First and explore options for more supportive housing.</p> <p>Improve access to & programming in corrections facility – Identify actions to provide/improve mental/ behavioral health svcs in corrections.</p> <p>Stronger Re-entry programs – Target those who are/were incarcerated with substance use disorder to reduce relapse & recidivism.</p> <p>Encourage connection with Faith-based programming – Reinforce network of faith-based orgs providing support programming & share info.</p> <p>Develop Parent/Family Support Group - Create a support group for those w/ loved ones in recovery.</p> <p>Enhance support systems in public schools – Evaluate feasibility of increased support systems in schools for students in recovery.</p> <p>Implement a Recovery Community Organization (RCO) – Use the <i>Faces and Voices of Recovery</i> toolkit and convene steering group.</p> <p>Community & Children's Facility for Recovery – Explore possibility of a center/facility for those in recovery & for children exposed to substance use disorder.</p>	<p>Messaging and Protocol – Create communications strategy including identifying specific target audiences & messages and tailoring information.</p> <p>Disseminate Findings – Internally and externally share the findings to educate and inform actions.</p> <p>Enhance Communications – Internally & externally, promote better communication.</p> <p>Identify and Analyze Data – Identify and collect relative data and ensure collection is consistent and ongoing. Find trends and identify possible action steps.</p> <p>Promote Awareness of Existing efforts and Strategies – Including local public school & state awareness/ education strategies.</p> <p>Use Data to enhance Awareness – Support education efforts with real data.</p> <p>Create Dashboard with Automated Data Collection/Visualization – Create an online and shareable dashboard of key indicators with visual graphics created by automated data sets.</p> <p>Provide Support to Other Committees – Support the action steps recommended by other committees with data.</p>