

# MARCH 2020

## HIGHLIGHTS

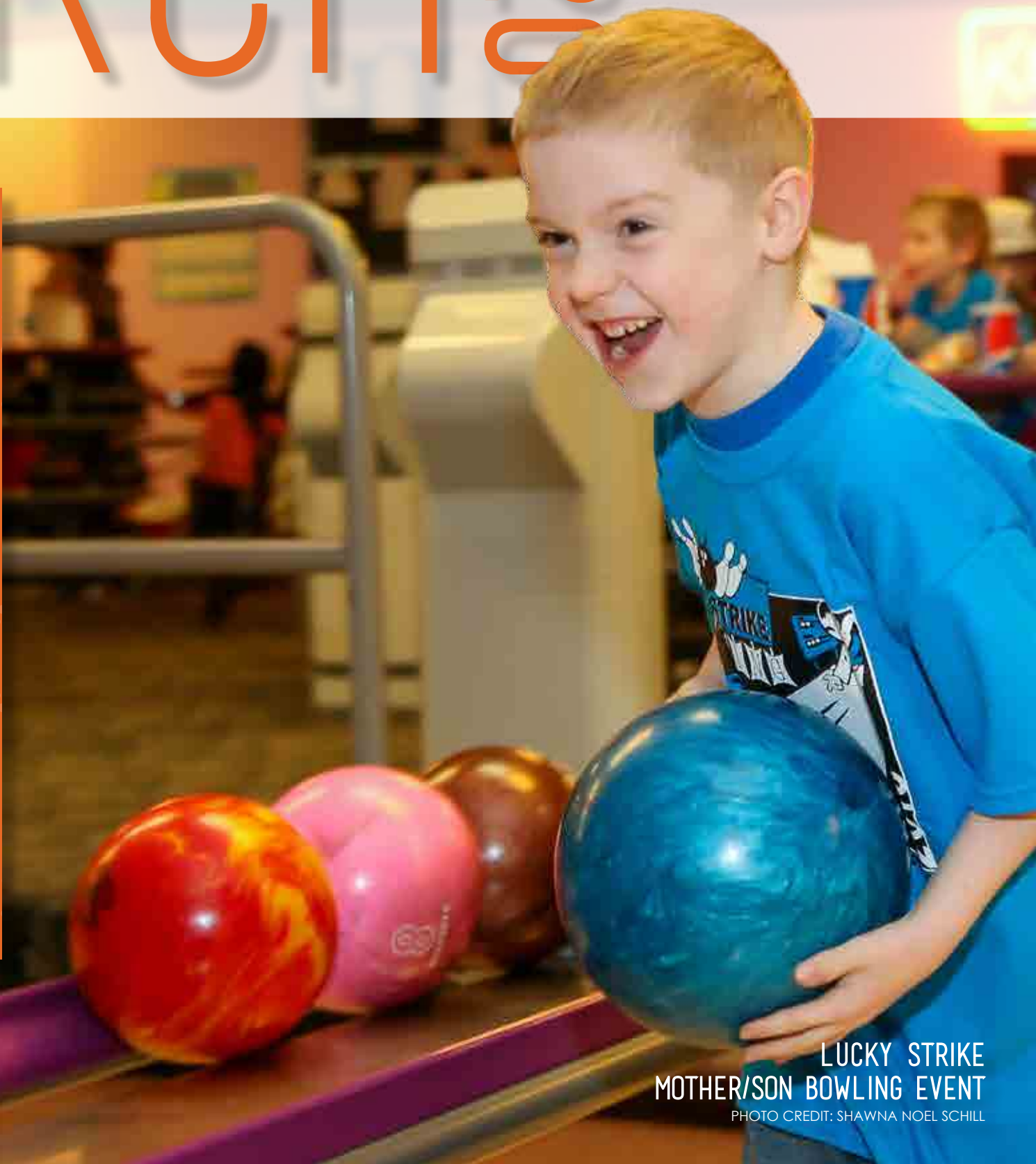
**2** **Spring CHF Recreation Programs Begin | Choice HF**  
New session for Youth & Adult Recreation Programs Start at Choice Health & Fitness  
More Info: [choicehf.com](http://choicehf.com)  
(programs start dates vary)

**13&14** **Knight for a Princess | GF Parks**  
Daddy/Daughter Dance  
@ the Alerus Center  
Pre-Registration required  
More info: [gfparks.org](http://gfparks.org)

**27-29** **Adult Grand Am | Choice HF**  
Annual Regional Basketball Tournament  
Register your team at [choicehf.com](http://choicehf.com)

**28&29** **Lucky Strike Bowling | GF Parks**  
Mother/Son Bowl-A-Roma  
Red Ray Lanes (3-6pm)  
Pre-Registration required  
More info: [gfparks.org](http://gfparks.org)

**30** **Registration for GF Parks Summer Programs Available | GF Parks**  
Check your mailbox for the Summer Guide  
Register at [gfparks.org](http://gfparks.org)



**LUCKY STRIKE MOTHER/SON BOWLING EVENT**  
PHOTO CREDIT: SHAWNA NOEL SCHILL

# MARCH 2020



## GRAND FORKS CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b>	<b>2</b> Spring Session Choice HF Programs Begin	<b>3</b>	<b>4</b> <b>Emergency Siren Test @ 1:00 pm</b>	<b>5</b>	<b>6</b> Early Dismissal (GF Elem. K-5, Twining K-8)	<b>7</b>
<b>8</b> <b>DAYLIGHT SAVING (SPRING AHEAD)</b>	<b>9</b>	<b>10</b>	<b>11</b> Elem. Early Dismissal CHS/RRHS Late Start	<b>12</b>	<b>13</b> Knight for a Princess Daddy/Daughter Dance	<b>14</b> Knight for a Princess Daddy/Daughter Dance
<b>15</b>	<b>16</b>	<b>17</b> <b>ST. PATRICK'S DAY</b>	<b>18</b> <b>No School K-12 Conf. Trade Days</b>	<b>19</b> <b>FIRST DAY OF SPRING No School K-12 Conf. Trade Days</b>	<b>20</b> <b>No School K-12 Spring Break</b>	<b>21</b>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b> Adult Grand Am	<b>28</b> Lucky Strike Bowling Mother/Son Event Adult Grand Am
<b>29</b> Lucky Strike Bowling Mother/Son Event Adult Grand Am	<b>30</b> GF Parks Summer Program Reg. Opens	<b>31</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>

**NEW YEAR RESOLUTIONS NOT GOING WELL?**

**IT'S OKAY. WE CAN HELP.**

**CHOICE HEALTH & FITNESS**

**Greater GRAND FORKS** Find more local events online  
simply grand [VISITGRANDFORKS.COM](http://VISITGRANDFORKS.COM)

**FEBRUARY**

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

**APRIL**

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

**KING'S WALK GOLF COURSE**

**BOOK YOUR MEMBERSHIP BY MARCH 31 & YOU'LL GET...**

- ✓ \$25 off Season Range Pass
- ✓ 10% off Eagles Crest Grill
- ✓ 10% off Pro Shop Items
- ✓ FREE Golf at Lincoln Golf Course
- ✓ FREE Fall Tournament Entry

[KINGSWALK.ORG](http://KINGSWALK.ORG)